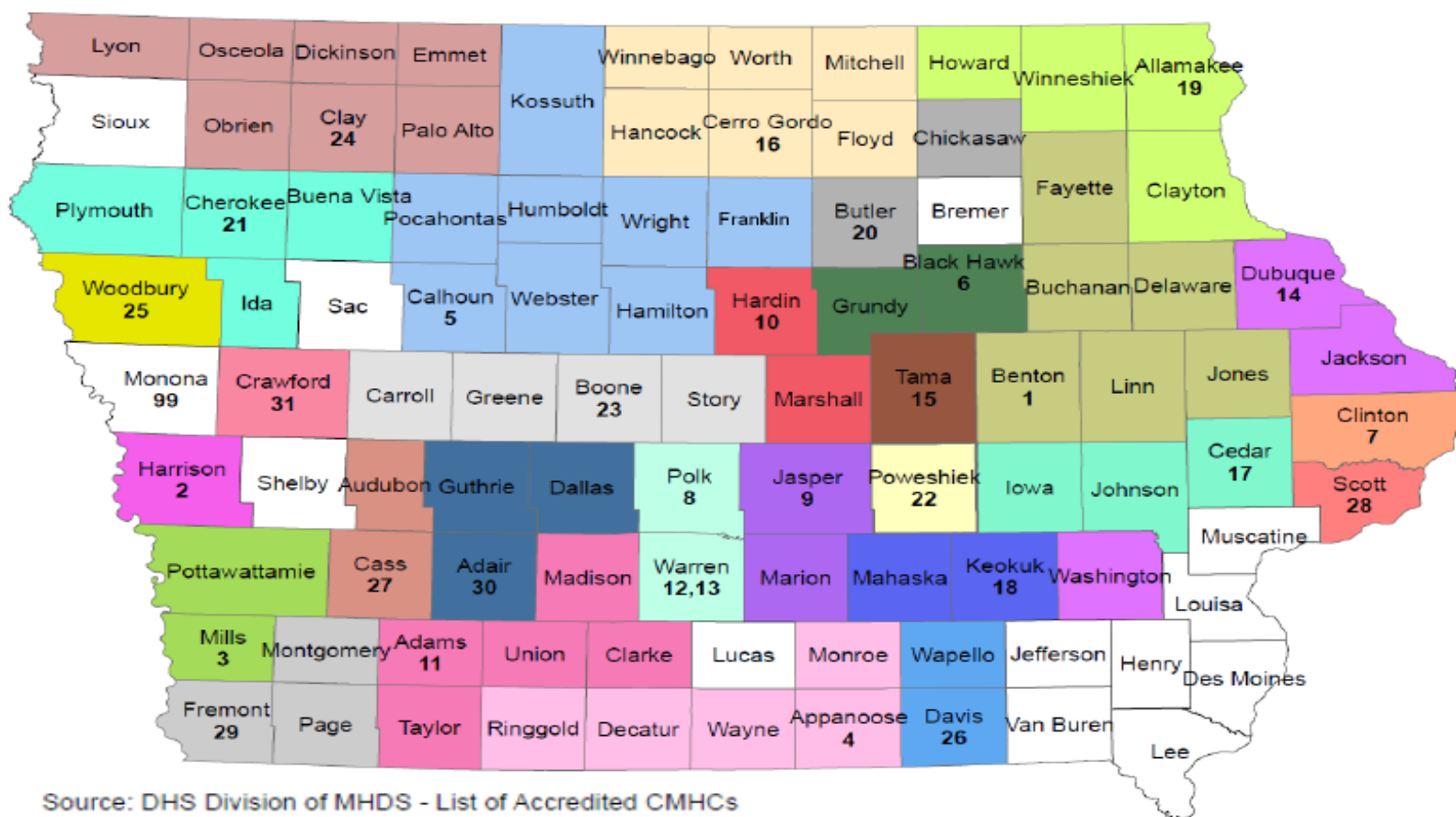


## Outpatient Mental Health Services

Designated Community Mental Health Centers and Waiver Mental Health Providers by County



Source: DHS Division of MHDS - List of Accredited CMHCs

Created by: Aradhana Aneja

DHS Bureau of Planning and Research - Feb 08, 2011

### CMHC - Community Mental Health Center

1, Abbe Center	11, Crossroads MHC	22, Poweshiek CMHC	99, Waiver-Non CMHC
2, Alegent Behavioral Health	12, 13, Eylerly Ball MHC/Child Guidance Center	23, Richmond Center	99, Waiver-Non CMHC
3, Alegent Health Psych Assoc	14, Hillcrest Family Services	24, Seasons Center	99, Waiver-Non CMHC
4, Behavioral Health Centers of So. Iowa	15, MHC for Tama County	25, Siouxland MHC	99, Waiver-Non CMHC
5, Berryhill MHC	16, MHC of North Iowa	26, Southern Iowa MHC	99, Waiver-Non CMHC
6, Black Hawk/Grundy CMHC	17, Mid-eastern Iowa MHC	27, Southwest Iowa MHC	99, Waiver-Non CMHC
7, Bridgeview CMHC	18, New Directions	28, Vera French CMHC	99, Waiver-Non CMHC
8, Broadlawn Medical Center	19, Northeast Iowa Behavioral Health	29, Waubesa MHC	99, Waiver-Non CMHC
9, Capstone Behavioral Health Care	20, Pathways/Cedar valley MHC	30, West Central CMHC	99, Waiver-Non CMHC
10, Center Associates	21, Plains Area MHC	31, West Iowa CMHC	99, Waiver-Non CMHC

County	Affiliation/Contract
Bremer	Covenant Clinic Psychiatry
Des Moines	Great River Medical Center
Henry	Optimae Life Solutions
Jefferson	Optimae Life Solutions
Lee	Contracts with multiple providers including a CMHC- Bridgeway and several mental health service providers
Louisa	Optimae Life Solutions
Lucas	Lucas County Health Center
Monona	Burgess MHC
Muscataine	Optimae Life Solutions
Sac	Counseling Services, LLC
Shelby	Myrtue Medical Center
Sioux	Creative Living Center, P.C.
Van Buren	Optimae Life Solutions

Note: Eylerly Ball Center is the adult MHC for Polk and Warrant County.  
Children in these counties are served by Child Guidance Center.

## **Outpatient Mental Health Services**

### **Designated Community Mental Health Centers and Waiver Mental Health Providers by County**

Every county has a designated CMHC or a waiver mental health service provider approved by the MHDS commission in lieu of an accredited CMHC. All 99 counties identify outpatient mental health services as a funded service in their strategic plan.

CMHC's may serve multiple counties and not all have a physical office in the county they are designated to serve. Counties also have additional outpatient mental health providers within their service array. Outpatient clinical mental health services are also provided by other categories of providers which include:

- Licensed social workers, mental health counselors, psychologists, and marital and family therapists
- Psychiatrists, physicians, nurse practitioners, and physician assistants
- Agencies represented on the Iowa Plan's provider listing for outpatient psychiatric services include CMHC's, mental health service providers, social service/child welfare agencies, psychiatric medical institutions for children (PMICs), hospitals, private practice groups of independently licensed professionals, substance abuse providers, youth shelters, and federally qualified health centers. There are 388 outpatient mental health provider locations across the state on the Iowa Plan provider list as of February 2011.